



Background

Successful well-child care requires meeting parent priorities for visits and the majority of well-child care involves communication with parents and children. Gaps in the quality of well-child care are persistent and documented. As such, engaging parents as partners to improve quality of care is essential. To enable this, the CAHMI developed the **guideline-based, easy to use Well-Visit Planner (WVP)**.

The WVP tool was developed and tested for use in pediatric practices under a four-year grant from the federal **Maternal and Child Health Bureau** between 2008 and 2012. National experts, parents and pediatric providers collaborated in the design, development and testing of the WVP tool. Initial testing documented **improvements to provider office workflow, patient engagement and experience, and quality of care**. Ninety two percent of parents reported they would recommend the use of the WVP online tool to other parents.

The WVP parent tool has been made available and is continued to be used by families, providers, practices, as well as community organizations like Help Me Grow and Head Start/Early Head Start.

THE WELL-VISIT PLANNER

Your Child, Your Well Visit

A project of the Child and Adolescent Health Measurement Initiative

The Well-Visit Planner (WVP) is an **online pre-visit planning tool** designed to tailor and improve the quality of well-child care for young children, by engaging parents as proactive partners in planning and conducting well-child visits.

This family-centered quality improvement method guides parents to identify priorities and key issues prior to visits and includes access to educational materials and discussion tips for each of the age-specific focus areas defined in the **American Academy of Pediatrics' *Bright Futures Guidelines for Health Supervision of Infants, Children and Adolescents, 3rd edition***.

Providers become aware of and can focus on parent priorities and context during visits.

How the WVP Works

Parents visit the WVP website (www.wellvisitplanner.org) and complete the steps prior to their child's well visit. The WVP is currently available for the **4, 6, 9, 12, 15, 18 month and 2, 3, 4, 5 and 6 year well visits** and takes about **10 minutes** to complete.

After answering questions and picking priorities, parents receive a **Visit Guide**, which has a summary of their responses and identified priorities that they would like to discuss with their child's provider at the next well visit.

Providers can use the **WVP Portal** to tailor the WVP for their practice or organization and track the number of WVP's started and completed.

STEPS TO COMPLETE THE WELL-VISIT PLANNER



Reflect and Assess



Pick Your Priorities



Get Your Visit Guide

Benefits of implementing the Well-Visit Planner

The WVP is an evidence-based, easy-to-use tool that engages parents in planning their child’s well visit. The WVP can:

- ✓ Help parents identify issues that they might not otherwise articulate
- ✓ Coach parents on topics specific to their child’s age
- ✓ Alert providers to key issues that need to be addressed
- ✓ Foster trusting relationships between families and providers
- ✓ Improve parents’ satisfaction with the visit and overall quality of the visit
- ✓ Improve efficiency of visit time and practice workflow

In addition, large national health policy directives like **Meaningful Use Standards** and **Maintenance of Certification** requirements from the American Board of Pediatrics encourage practices to employ evidence-based, easy-to-use tools like the WVP that actively engage parents as partners in their child’s care.

You may choose to use the WVP with an online, parent-completed quality assessment tool, the **Online Promoting Healthy Development Survey (Online PHDS)** (www.onlinephds.org) to complete the **Cycle of Engagement (COE) for early childhood**. You can also use the **COE for care-coordination and care planning** with the **CARE_PATH for Kids (CPK)** model and tools. Learn more about the COE on the website coe.cahmi.org.

WVP Parent Account

Parents can create an account with the WVP (www.wellvisitplanner.org). Here they can view a **dashboard** where they can plan for upcoming visits, add their eligible children, return to the WVP to complete their session (within 48 hours of starting it), and review previous Visit Guides and educational materials.

WVP Portal

Providers can access the WVP Portal by creating an account on the **Cycle of Engagement website** coe.cahmi.org, to **personalize the WVP** for your practice or organization. The portal allows for organization-specific branding and tracking of WVP use by parents for quality improvement. You can also use the portal to add links to publicly available or purchased assessment and screening tools like the Ages and Stages Questionnaire (ASQ) and Parents’ Evaluation of Developmental Status (PEDS) to the WVP Visit Guide and customize resources for families.

WVP PORTAL DASHBOARD

