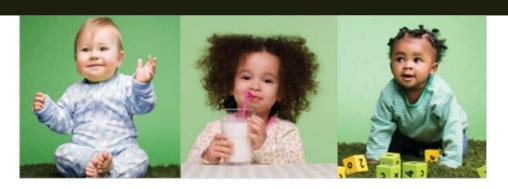
The Well Visit Planner Orientation Webinar December 3, 2012





Engaging Parents as Partners to Customize and Improve Well-Child Care for Young Children and their Families (www.wellvisitplanner.org)



Thank You for Joining the Webinar!

- Presentation: To hear the presentation dial 1-800-985-7366 password=38645#
- Asking Questions:
 - Option 1: Type questions onto the screen in Adobe Connect.
 - Option 2: Wait until we open the phone line to ask questions "live"
- Getting materials: Slides, video and other informational materials are posted at www.WellVisitPlanner.org









Today's Agenda

Overview of Tools

Development and Demonstration

Questions and Partnering









Motivation

Gaps Persist

 Persistent gaps in the quality of well child care and the nation's capacity to promote the healthy development of young children

Tailored Communication Essential

- Improving care means :
 - improving communication and partnerships with parents and
 - meeting the unique priorities and needs of each child and family

Meet Goals with Greater Ease and Efficiency

 The easy to use Well Visit Planner tools help providers efficiently meet their well-visit quality goals

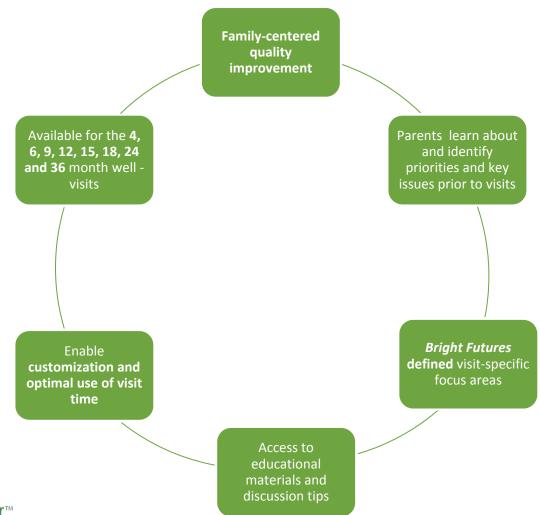








What are the Well Visit Planner (WVP) tools?



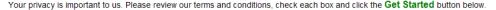




What are the Well Visit Planner (WVP) tools?

• Feature Tool: An online pre-visit planning website for parents to complete prior to their child's well-visit





- ☐ I am 18 years old or older. I agree to the Terms and Conditions of the Well-Visit Planner
- I voluntarily consent to the Well-Visit Planner.









What are the Well Visit Planner (WVP) tools?

• Other tools: Shared Encounter Forms; Educational Materials Website;

Online Quality Survey;



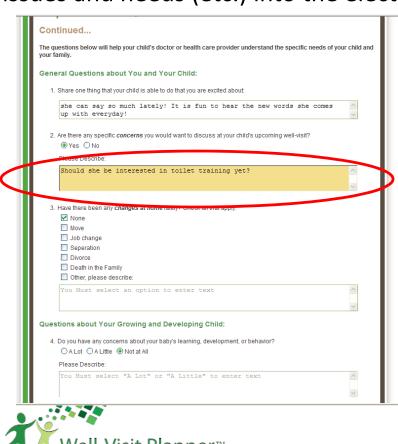






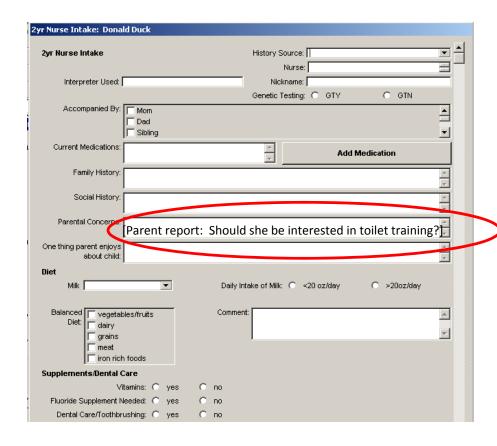
What is the Well Visit Planner (WVP)?

• Other tools: Possibility for integrating parent responses about priorities, key issues and needs (etc.) into the electronic health record



a project of The Child & Adolescent Health

Measurement Initiative









The Well Visit Planner (WVP) Website?



Your privacy is important to us. Please review our terms and conditions, check each box and click the Get Started button below.

- ☐ I am 18 years old or older. I agree to the Terms and Conditions of the Well-Visit Planner
- I voluntarily consent to the Well-Visit Planner.



Are you a health care provider?
Click here for more info

About this Website | Terms and Privacy | Educational Materials | Help





Development & Feasibility (1)

Research:

- Developed and tested over 4 years by the CAHMI for use in pediatric practices to assess:
 (1) Feasibility; (2) Acceptability; (3) Implementation Requirements; (4) Impact
- Drew on prior knowledge of using the online Promoting Healthy Development Survey to assess quality of well child care in practices
- Funded through an R40 grant from the federal Maternal and Child Health Bureau with additional MCHB support to complete the public use website for dissemination

Content:

 Anchored to the American Academy of Pediatrics' Bright Futures Guidelines for Health Supervision of Infants, Children and Adolescents, 3rd edition

Advisors:

- National experts, families and pediatric providers collaborated in the design, content specification, all aspects of development, implementation and testing of the WVP tools
- Goals: ensure feasibility and to optimize impact on the quality and efficiency of the well child visit for parents, children and provider teams





Development & Feasibility (2)

- Initial testing documented improvements to provider office work flow, patient engagement and experience and quality of care
 - Over 92% of the 3000 parents included in the initial testing reported:
 - They would recommend the tool to other parents
 - They were comfortable with time required to complete the tool
 - Tool helped them understand goals for each well visit and prioritize topics for discussion with their child's health care providers
- The WVP was recognized in the Health 2.0/Academy Health 2012
 Relevant Evidence to Advance Care and Health competition
- Relevant to meaningful use and maintenance of certification









The Well Visit Planner Website: Three Steps

Parents of young children visit the Well-Visit Planner[™] website and complete the following steps before their child's age-specific well visit:

Step 1



Answer a Questionnaire about your child and family.

The questionnaire is composed of (# of questions) and takes approximately 10 minutes to complete.

Step 2



Pick Your Priorities

for what you want to talk or get information about at your child's well-visit.

Based on Bright Futures Guidelines

Step 3



Get Your Visit Guide

that you and your child's health care provider will use to tailor the visit to your child & family needs. See next page for sample visit guide.









Flow and Content

- A strengths and observations based approach as well as addressing any issues parents want to discuss right at the start of the tool
- Important family changes and health information



Step 1: Answer a Questionnaire

General Questions about You and Your Child

. Share one thing that your child is able to do that you are excited about:	
	<u>^</u>
Are there any specific <i>concerns</i> you would want to discuss at your child's up	coming well-visit?
OYes ONo	
Please Describe:	
You must select "Yes" to enter text	^
	<u>*</u>
. Have there been any <i>MAJOR</i> changes in your family since your child's last w	rell-visit? Check all that apply and describe.
None	
□ Move	
☐ Job change	
☐ Separation	
Divorce	
☐ Death in the Family	
Other, please describe:	
You must select "Other" to enter text	
	Y .









What is in the WVP?









Specific Questions about Your Child

The next questions are general health questions about your child.

Is your child being breastfed or fed breast milk?
 Yes No

1a. If breastfeeding, do you give your child Vitamin D?
Yes No

	Yes	No
2. Has your child been on any new medications since the last visit? List: You must select "Yes" to enter text	0	0
3. Has your child ever had a bad reaction to a vaccine? (temp > 104, inconsolable crying > 3hrs)	0	0
Do your child's eyes appear unusual or seem to cross, drift or be lazy?	0	0
5. Have you started weaning your child from the bottle?	0	0
6. Do you give your child any vitamins or herbal supplements?	0	0
7. Does your child live with both parents in the same home?	0	0
Do you have a dentist for your child?	0	0

9. In the <u>last 12 months</u>, did your child's <u>doctors or other health providers</u> have you fill out a questionnaire about **specific concerns** or **observations** you may have about your child's development, communication or social behaviors?

Yes ONo

9a. Did this questionnaire ask about your **concerns or observations** about how your child **talks or makes speech sounds**?

Ores
ONo

- Child health and functioning (e.g. feeding, immunizations etc.)
- Assessment of a prior developmental screening questionnaire being filled out by parent







Age-specific developmental surveillance

 Important family psychosocial assessment items

Your Growing and Developing Child

Please indicate whether your child is able to do the following tasks right now. (Why does my health care provider ask about this?)

	Yes	No	Unsure
1. Will your child pull to stand?	0	0	0
2. Does your child stand alone?	0	0	0
3. Will your child bang 2 objects held in hands?	0	0	0
4. Will your child put an object (block, Cheerio, etc) in a cup or other container?	0	0	0
5. Does your child play pat-a-cake OR other games where he/she imitates your movements?	0	0	0
6. When your child wants something does he/she tell you by pointing to it?	0	0	0
7. Does your child wave bye-bye?	0	0	0
Does your child imitate household activities (for example, dusting)?	0	0	0
Does your child babble with inflections of normal speech?	0	0	0
10.Does your child imitate vocalizations and sounds?	0	0	0
11.Does your child speak at least 1 word (other than mama and dada?)(a word is a sound that babies say to mean something)	0	0	0

Specific Questions about You, Your Family and Your Home

The next questions help your child's health care provider understand your family better in order to give the best care possible. Just like all the questions in this online tool, they are optional to answer. Your answers will be kept <u>confidential</u>.

	Yes	No
12.Have any of your child's relatives developed new medical problems since the last visit?	0	0
13.Does your child's primary water source contain fluoride? Click here to check if unsure	0	0
14.Do any adults who are around your child smoke (including inside or outside the house)?	0	0

15. How many ti	mes in the last	2 weeks have y	ou gone ou	it socially o	r spent time	doing hobbies,	self-care or sp	are-time a	ctivities yo
enjoy?						_			_

O	O		
○None	() 1 2	()2 5	() ~ F
	O 1-2	U J-J	V/

16. In general, how well do you feel you are coping with the day to day demands of parenthood?

Overy Well

Not Very Well

Not Well at All









 Identification of children with special health care needs using the validated CSHCN Screener



Step 1: Answer a Questionnaire Continued...

Some Last Questions About Your Child

The following questions are about any kind of health problems, concerns, or conditions that may affect your child's behavior, learning, growth or physical development.

		Yes	No
1.	Does your child currently need or use <u>medicine prescribed by a doctor</u> (other than vitamins)?	•	0
	1a.ls this because of ANY medical, behavioral or other health condition?	(•)	0
	1b.Is this a condition that has lasted or is expected to last for at least 12 months?	0	0
2.	Does your child need or use more <u>medical care, mental health or educational services</u> than is usual for most children of the same age?	0	0
3.	Is your child <u>limited or prevented</u> in any way in his or her ability to do the things most children of the same age can do?	0	0
4.	Does your child need or get special therapy, such as physical, occupational or speech therapy?	0	0
5.	Does your child have any kind of emotional, developmental or behavioral problem for which he or she needs or gets <u>treatment or counseling</u> ?	0	0









Flow and Content

Basic demographic items

Some Last Questions About You and Your Family

1.	OMother OFather OGrandmother or Grandfather OFoster Mother OFoster Father OGuardian ONanny Other
	Odici
2.	In what state do you live?
3.	What kind of Insurance do you currently have (check all that apply)?
	 □ Private or Employment-based (Such as Blue Cross Blue Shield, Kaiser, Aetna, etc., □ Public - Medicaid or Child Health Insurance Program (CHIP) □ Medicare □ Military □ Indian Health Services □ None □ Other









What is in the WVP?

Extremely important prioritization and educational information about what is customary from the age-specific well-child visit

Step 2: Pick Your Priorities

Check up to 5 topics you want to discuss with your health care provider. Fewer than 5 is okay!
To learn more click on the 10 icon to get education & tips from pediatric health care experts about each topic.
Your child and family:
□ Behaviors to expect in the next few months □ Ways to guide and discipline your child □ Why having consistent guidance and discipline strategies between parents, family members and care providers are important □ Time-outs □ How you balance taking care of yourself while being a parent □ How to make time for other relationships • How to make time for other relationships • Provided the second strategies between parents and care providers are important • Provided the second strategies between parents and care providers are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents are important • Provided the second strategies between parents • Provided the second stra
Establishing routines for your child:
□ Importance of your family eating meals together ① □ Importance of outside family activities that involve playing, walking, running or playing chase ① □ Television – why the experts say no TV ① □ Ways to read to your child that promotes his language development ① □ How your child responds to new people or caregivers ① □ Importance of your child pointing to let you know what he wants ① □ Sleep routines and sleep habits ①
Your child's feeding and appetite changes:
 ☐ Feeding time strategies, such as teaching your child to use a cup and to feed himself ☐ Nutritious foods and how much/what kinds of food your child eats ☐ Giving your child choices between 2 options ☐ How your child's appetite might change from day to day
Your child's dental health:
☐ Your child's first check up with a dentist ⑥ ☐ Brushing your child's teeth, not letting them do it themselves ⑥



☐ Finger sucking, pacifiers or use of bottles and their impact on your child's teeth **1**







Voila! The Visit Guide



After completing the tool, a customized visit guide is generated for use by both parents and their child's health care provider(s). The entire online time for most parents is roughly 10

minutes



WVP VISIT GUIDE: WHAT TO DISCUSS AT JESSICA'S 12-MONTH WELL-VISIT

<u>Parents</u>: Bring this Full Summary Visit Guide to your child's well-visit to help you remember what topics to bring up with your child's health care provider.



So you don't forget, put this in your purse, wallet or diaper bag now!



Note to Dr. Smith: For more information on the

Well-Visit Planner, please see the end of this Visit Guide or visit www.wellvisitplanner.org/about.



Your Priorities to Discuss During Jessica's Visit

Based on the priorities you selected, you may want to talk to your child's doctor about:

☐ Time-outs

Questions about time-outs that you could ask:

- How long is too long to be in a time-out?
- What if my child will not stay in his time-out?
- My toddler likes to be in his playpen will he think this is a reward?
- I don't think time-outs are right. What are other strategies that we can that use that help my child get a "break" from the unwanted behavior?



Engage

Educate

Improve

DEMONSTRATION OF THE PUBLIC USE WVP

http://youtu.be/eG-fFjfyqnY

Reminder: Audio will be coming through your computer, not through the phone - please make sure your speakers are on



SELECTING THE RIGHT TOOL(S)

in your clinic







Two Primary Options

1) Free public use website...start now! 2) Site-specific website

Get Started: Your practice has decided to implement a quality improvement (QI) project to improve the quality of well-child care for patients between the ages of 3 months and 4 years.

For you QI effort, do you want site branding, direct delivery of patient Visit Guides & data?

Public Use Site Option: Key Features

- Free access to the Well Visit Planner site
- No site branding (logo) or tailored content
- Parent delivers their Visit Guide/Data to you (via secure e-mail or at time of visit)
- Parent reported data fields not included in EHR

Yes

The public use WVP is FREE to use. There may be small costs for printing parent waiting/visit room posters, invites and education materials.

If the **Public Use WVP** is the right version for you and your practice, continue reading and learn more about the WVP or complete the User Sign-Up Form on the last page to get started right away.

Site Specific Options: Key Features

- · Site specific URL, logo, some tialored content
- Integration of parent responses into child's electronic health record (EHR)
- Use reports or datasets containing parent responses



The costs for the site-specific WVP vary & are minimal as possible!
Check it out!

If the Site-Specific WVP is the right version for you and your practice, continue reading to learn more about the WVP and complete the User Sign Up form to begin working with the CAHMI to define and develop your site specific WVP.



Educate Engage

IMPLEMENTING THE WVP

in your clinic







What is Needed for Using the WVP?

- A desire to focus on quality improvement
- A willing and engaged clinic staff
- The desire to create a culture of engagement
- An adaptable office flow
- Bonus: An EHR system that can accept incoming patient-provided data!









Cultural Shift for Your Patients

- Families may not be accustomed to being engaged, particularly prior to a visit
- A friendly office environment with posters about the desire and need for families to engage— "We need your participation!"
- Encouragement that doing the WVP ahead of time is best for the provider and the family, and the child will benefit



PARENTS— We Need You



Well-child care is about much more than your child getting weighed or immunized.

We aim to PARTNER WITH YOU to CUSTOMIZE YOUR CHILD'S CARE and GIVE THE BEST CARE possible.

The Children's Clinic is changing well-child visits for young children!











Requirements for all Versions of the WVP

Implementation Options

<u>Requirements</u>	Public Use Site WVP	Unique Clinic URL for WVP	Site-specific URL, Branding	Site specific URL with customized content	EHR Integration of Visit Guides (PDF)	Full EHR Integration Module
Engage Staff (Develop culture of engagement, momentum and office champions)	X	X	X	X	X	X
Engage patients (Develop posters and engagement materials)	X	X	X	X	X	X
Office Flow (Work to include engagement into flow of well-child visits)	X	X	X	X	X	X
Develop EHR system for inclusion of PDF					X	
Develop EHR system for manual import of HL7 file						X
Develop EHR forms for full automated integration of data into visit						X







Office Flow

1

- **Communicate** with your patients about completing the WVP prior to their appointment
 - Email, fliers, posters, postcards, phone calls, etc. (Example materials will be available in the implementation toolkit)

2

 Parents go to <u>www.WellVisitPlanner.org</u> and <u>engage</u> with with the interactive website, including agespecific questions and educational materials

3

• Parents view, save and print their <u>customized Visit Guide</u> to bring to their child's appointment. They can also email it to the office ahead of time via a secure email connection.

4

• Enhanced patient encounter: parents come to the visit prepared, doctors/nurses are prepared to use the visit guide to focus on parental priorities and concerns. Less time needed to ask developmental questions so more time to address developmental concerns and family psychosocial issues









Office Flow

Before Visit

Clinic Scheduler

- * Children with upcoming well-child care visits who are eligible for parents to participate in Well Visit planner are identified
- * Five days before well-child visit, parent is reminded about visit and told to go to website. This can be done along with a practice's existing process, i.e. telephone and/or email appointment reminder.

Parent

- *Some (not all) parents complete tool AT HOME
- *Parent prints Visit Guide at home
- *Parent can visit WVP educational material website anytime

During Visit

Front Desk Check In

* Aware of the project and able to answer questions

MA/RN

- * Asks eligible/invited parents if they filled out the WVP
- * Ask parent for Visit Guide to make a photocopy for health care provider to use during visit and for the patient's record
- * Review Visit Guide and follow up on any items appropriate for MA/RN to discuss with parent, make entries/notes in chart or electronic health record

<u>Provider</u>

- * Review Visit Guide and MA/RN notes, if applicable
- * Address parent's concerns, priorities and health screening flags
- * Guide parent to parent education materials on website

After Visit

Parent

* Can go back to website for the educational materials and resources





Available upon launch of public site... (January 2013)

- A full implementation toolkit for use with the FREE Public Use version of the WVP
- Coming soon: A unique URL for your clinic
- Coming soon: Enhanced features (such as the ability to integrate data directly into the EHR, customize content of the WVP and brand the site with your clinic logo)

But you can start preparing to use the Well Visit Planner tools now!



GET STARTED WITH THE ORIENTATION KIT AND USERS SIGN UP FORM







1. Please let us know which of the WVP use options you are interested in (check all that apply). If you select any of



User Sign-Up Form

Select the WVP Options You are Interested In Learning About

Before completing this form, please be sure you are <u>read the short "Getting Started" kit</u> for the Well-Visit PlannerTM Suite of Tools, available at www.cahmi.org.

tne	se options you will recieve a unique ORL for your practice/nealth system:
	Public Use Website (free); perhaps with a site specific web address (redirects to public site)
	Site-specific site website with unique URL and branding (logo/contact information)
	Receiving a dataset or report on my patient population who complete the WVP tool
	Tailoring some of the questions asked (allowable customizations limited)
	Receive parent Visit Guides and responses in PDF format via secure email (vs. parent delivery only)
	Integrating parent response data fields into your electronic health record (EHR)
	Using the paper-pencil Shared Encounter Forms (2 page "version" for those who not do use the internet) Using the Spanish language version of the Well Visit Planner website
	Using the companion online quality measurement survey (parent-completed; yields automated quality reports yielding 8 nationally endorsed quality indicators using aggregated parent responses)
	I want to learn more about how the WVP may advance meeting Meaningful Use requirements I want to learn more about how the WVP may help us with Maintenance of Certification









User Sign-Up Form

Available at www.wellvisitplanner.org

ell Us More About You and Your Practice or Site
Date: Your Name and E-Mail:
Site/Clinic/Organization Name and Website:
Mailing Address (street, city, state & zip):
Description of Site (# providers; type of clinic):
/olume of Well Visits (per month, for children under 4, etc.)
Telephone Number:FAX Number:
How did you hear about the WVP?:
What are your top goals for using the WVP?
What are your top questions, concerns or needs for support to use the WVP?
Thank you! Please email this completed form to cahmi@ohsu.edu or fax it to (503) 494-2475. You will hear a response within 3 business days.



Thank You to Our Many Partners

Thank you to all of the staff, advisors and family involvement in the development of the WVP website

- The staff at the Child and Adolescent Health Measurement Initiative
- The entire staff at The Children's Clinic in Tigard, Oregon
- The federal Maternal and Child Health Bureau

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Thank you!

We would love to partner with you!

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Educate

Improve

QUESTIONS?

Press *6 to unmute your line and ask a question